



NEWS RELEASE

USADA ANNOUNCES FINAL TESTING NUMBERS FOR 2009

Fourth Quarter Program Highlights Also Underscore a Productive Year

COLORADO SPRINGS, CO - (March 5, 2010) – In serving its mission to protect the integrity of competition, inspire a commitment to the core principles of true sport, and preserve the rights of U.S. athletes to compete healthy and clean, USADA works proactively through multiple programs, including: athlete and outreach education; out-of-competition, no-advance notice testing; in-competition testing; collaboration with law enforcement agencies; and worldwide cooperation with anti-doping authorities, to support clean athletes in their pursuit of level playing fields. Toward that end, USADA is pleased to share the following statistics for the year ending 2009, and specific highlights from the fourth quarter.

FOURTH QUARTER PROGRAM HIGHLIGHTS

DCO Preparation for Vancouver Games: VANOC's use of 19 USADA Doping Control Officers (DCOs) at the winter Olympic Games underscores both the organizing committee's and International Olympic community's trust in and respect for the doping control program USADA has implemented in the United States. These 19 DCOs had the privilege of attending the 2009 Fairness in Sports Conference Nov. 19-22 in Kamloops, B.C. The conference was part of the final training for the DCOs attending the Vancouver Olympic Games.

8th Annual Symposium On Science: "Detection of Enhancement of O₂ Transport: Seven Years of Progress" was the topic for the 8th Annual Symposium on Anti-Doping Science, hosted by USADA October 2-5, in Vancouver, B.C. More than 90 attendees from nearly 30 countries, including scientists, laboratory directors, and sports administrators representing renowned entities such as research institutes, international sport federations, universities, the United States Olympic Committee, the World Anti-Doping Agency, the International Paralympic Committee, professional sports leagues, and both the Vancouver and London Olympic Organizing Committees, participated in this event.

Held annually, this Symposium is designed to enable the medical and science communities to gather and discuss the enhancement of communication and understanding of the issues in doping control among various stakeholders. More information about USADA's previous Annual Symposia can be found on its website at <https://www.usantidoping.org/what-we-do/research/symposia.aspx>.

Supplement Safety Now Initiative: In December, in partnership with the National Football League (NFL), Major League Baseball (MLB), the National Basketball Association (NBA), the National Hockey League (NHL), the U.S. Olympic Committee (USOC), and other national sports and health organizations, USADA launched "Supplement Safety Now," as an effort to end the dangerous and unscrupulous practices of "rogue" manufacturers within the nutritional supplement industry.

The initiative focuses on the fact that most Americans are unaware that dangerous drugs are intentionally being sold as dietary supplements in retail and Internet stores across America, and that current laws do little to prevent these drugs from ending up in the hands of unsuspecting Americans including children.

In addition to building awareness to this ever increasing problem, *Supplement Safety Now* urges Congress to establish a regulatory framework that ensures that all supplements sold over-the-counter, in retail stores and online, are safe and free of dangerous steroids and other drugs. USADA's "Supplement Safety Now" initiative includes media outreach and grassroots mobilization. Supporters are encouraged to go to www.SupplementSafetyNow.com to take action on the issue.

- more -

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Athlete Ambassador Program: Also in the fourth quarter of 2009, USADA introduced the newest group of ambassadors in its Athlete Ambassador Program, which utilizes a network of athlete speakers, writers, and supporters to teach and promote the principles of true, fair and drug-free sport. Originally developed in 2002, USADA's Athlete Ambassador Program brings together athletes who can stand alongside USADA as inspirational examples of and ambassadors for the advancement of clean sport. Ambassadors participate in a variety of ways, including delivering live presentations, writing articles, participating in USADA education video productions, or making appearances at sport functions, among others. The athlete ambassadors currently participating in the **Athlete Ambassador Program** include: **Kristin Armstrong**, Cycling; **Nathalie Bartleson**, Synchronized Swimming; **Jeremiah Bishop**, Cycling; **Caitlin Cahow**, Ice Hockey; **John Godina**, Track and Field; **Ralph Green**, Paralympic Alpine Skiing; **Erin Hamlin**, Luge; **April Holmes**, Paralympic Track and Field; **Augusto Perez**, Paralympic Wheelchair Curling; **Dee Dee Trotter**, Track and Field; **Kicker Vencill**, Swimming; **Lauryn Willams**, Track and Field.

Outreach and Education: Outreach Education programming for the fourth quarter reached out to more than 1600 junior level athletes, student-athletes and students, athlete support, and parents in five (5) cities across five (5) states, representing three (3) sports and six (6) organizations. Olympic Education programming for the fourth quarter reached out to more than 687 individual elite athletes, junior athletes, athlete support, and NGB staff, in five (5) cities across four (4) states, representing more than ten (10) sports. Together these programs encompassed athletic summits, club events, development camps, training camps, national and international events and conferences, Olympic Training Center Dining Hall Chats, symposiums, webinars, and coaches' conferences.

For this quarter, USADA's Global DRO - which provides easily accessible information on the status of specific pharmaceutical products for use by athletes - received 20,259 search inquiries pertaining to U.S. products. The Drug Reference Line received 363 direct call inquiries.

2009 PROGRAM STATISTICS

USADA performed a total of 8,578 doping control tests in 2009. Of those tests, 7,131 were domestic tests and 1,447 were tests administered on U.S. and non-U.S. athletes in the United States on behalf of other anti-doping and sports organizations.

Out-of-Competition (OOC) testing accounted for 4,765 (67%) of the total domestic testing number. In addition, USADA was contracted to provide doping-control services for 978 OOC tests on behalf of other anti-doping and sports organizations. OOC testing typically occurs at the athlete's home, training facility or other location and is performed with no advance notice to the athlete; however, some OOC tests are coordinated during team training camps.

In-Competition (IC) tests at 141 competitions around the U.S. accounted for 2,366 (33%) of the total domestic testing numbers for the fourth quarter in 2009. In addition, USADA was contracted to provide doping control services for 469 user-pay tests at 50 sport events throughout the United States.

For 2009, USADA announced a total of twenty (20) anti-doping rule violations. USADA announced five (5) anti-doping rule violations in the fourth quarter of 2009, including one (1) for an anabolic agent as well as hormone antagonists and modulators, one (1) for an anabolic agent, one (1) for a stimulant, and two (2) for marijuana.

USADA announces its testing numbers quarterly. Individual cases of alleged doping violations are announced at the time of the resolution. For the testing history of individual athletes, visit the USADA website at www.usada.org.

USADA is responsible for the testing and results management process for athletes in the U.S. Olympic and Paralympic Movement and is equally dedicated to preserving the integrity of sport through research initiatives and educational programs.

U.S. Anti-Doping Agency Testing Numbers Fourth Quarter 2009

Sport	Q1 2009 Total	Q2 2009 Total	Q3 2009 Total	Q4 2009 OOC	Q4 2009 IC	Q4 2009 Total	Total
Archery	1	16	23	4	0	4	44
Badminton	2	5	7	1	0	1	15
Baseball	-	-	26	0	0	0	26
Basketball	-	-	-	0	0	0	0
Biathlon	24	23	15	18	10	28	90
Bobsled & Skeleton	78	55	58	106	0	106	297
Bowling	1	1	11	1	0	1	14
Boxing	3	57	16	15	0	15	91
Canoe & Kayak	20	53	14	12	0	12	99
Climbing	-	2	-	-	0	0	2
Curling	13	6	2	8	12	20	41
Cycling	324	183	365	99	28	127	999
Dance	-	12	-	-	0	0	12
Diving	8	31	23	8	0	8	70
Equestrian	5	2	4	4	6	10	21
Fencing	2	29	7	4	0	4	42
Field Hockey	6	6	22	4	0	4	38
Figure Skating	51	13	26	33	8	41	131
Football	-	5	40	0	0	0	45
Gymnastics	13	11	54	7	0	7	85
Ice Hockey	16	44	20	125	0	125	205
Judo	20	35	24	13	0	13	92
Karate	2	10	12	4	0	4	28
Luge	39	19	20	36	0	36	114
Modern Pentathlon	2	7	1	1	0	1	11
Motocross	6	-	-	-	0	0	6
Racquetball	-	2	1	0	0	0	3

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Roller Sports		2	12	17	3	0	3	34
Rowing		70	89	101	74	0	74	334
Rugby		60	25	14	29	8	37	136
Sailing		16	15	6	2	0	2	39
Shooting		5	31	22	1	4	5	63
Skiing & Snowboarding		182	107	79	180	65	245	613
Soccer		15	18	22	11	0	11	66
Softball		6	5	2	5	0	5	18
Speedskating		79	54	71	77	105	182	386
Squash		4	-	2	0	0	0	6
Swimming		140	318	252	125	27	152	862
Synchronized Swimming		6	5	5	0	0	0	16
Table Tennis		1	2	8	0	0	0	11
Taekwondo		9	37	16	5	0	5	67
Team Handball		2	20	3	3	0	3	28
Tennis		1	4	11	4	0	4	20
Track & Field		401	701	320	293	61	354	1776
Triathlon		48	147	91	58	34	92	378
Volleyball		13	14	43	14	0	14	84
Water Polo		13	15	14	8	0	8	50
Water Skiing		4	10	-	0	0	0	14
Weightlifting		48	90	51	38	45	83	272
Wrestling		34	120	57	43	0	43	254
Paralympic Alpine Skiing		2	8	3	20	22	42	55
Paralympic Archery		-	1	3	1	0	1	5
Paralympic Basketball		4	2	4	3	0	3	13
Paralympic Boccia		-	-	-	0	0	0	0
Paralympic Curling		-	1	2	7	0	7	10
Paralympic Cycling		13	15	14	7	0	7	49
Paralympic Equestrian		-	3	1	0	0	0	4
Paralympic Fencing		1	2	-	0	0	0	3
Paralympic Goalball		1	3	3	3	0	3	10
Paralympic Judo		1	1	1	1	0	1	4
Paralympic Nordic Skiing		5	3	2	3	0	3	13

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Paralympic Powerlifting		2	2	1	0	5	5	10
Paralympic Rowing		-	5	3	2	0	2	10
Paralympic Rugby		2	4	2	2	0	2	10
Paralympic Sailing		1	1	1	0	0	0	3
Paralympic Shooting		1	1	-	0	0	0	2
Paralympic Sled Hockey		12	3	3	34	0	34	52
Paralympic Soccer		1	1	1	1	0	1	4
Paralympic Swimming		29	23	19	8	0	8	79
Paralympic Table Tennis		1	1	1	0	0	0	3
Paralympic Tennis		2	3	2	1	0	1	8
Paralympic Track & Field		10	32	20	14	0	14	76
Paralympic Volleyball		4	-	3	2	0	2	9
Quarterly Subtotals:		1,887	2,581	2,087	1,583	440	2,025	8,580

2009 Testing

	<u>Q1</u>	<u>Q2</u>	<u>Q3</u>	<u>Q4</u>	<u>TOTAL</u>
<u>USADA Tests:</u>					
OOOC	971	1,299	1,195	1,300	4,765
IC	433	987	599	347	2,366
Total USADA Tests	1,404	2,286	1,794	1,647	7,131
<u>User Pay Tests:</u>					
OOOC	410	169	116	288	980
IC	73	126	177	93	469
Total User-pay Tests	483	295	293	378	1,449
Combined Total	1,887	2,581	2,087	2,025	8,580

KEY

OOOC: Out-of-Competition Testing (no advance notice)

IC: In-Competition Testing

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